

Press Release from

Women, Child, Senior Citizen & Divyangjan Welfare Department, Gangtok District

Gangtok, June 8: The Women, Child, Senior Citizen & Divyangjan Welfare Department, Gangtok District, today concluded the first day of the two-day Poshan Bhi Padhai Bhi training programme at TRI, Assam Linzey. The training is being conducted for Anganwadi Workers under the Gangtok Rural Project, Gangtok Urban Slum Project and Rabdang Rural Project.

A total of 258 Anganwadi Workers from the three projects are participating in the training programme.

The programme was inaugurated by Deputy Director-cum-CDPO, Smt. Drojee Doma Bhutia, along with CDPO Rabdang, Mrs. Lhamit Lepcha.

The State-Level Master Trainers for the programme included District Coordinator Mr. Sangay Tamang, Block Coordinators Mrs. Sonamit Lepcha and Mrs. Deepti Sharma, Nutrition Inspectors Mrs. Yozana Rana and Mrs. Sumira Sharma, Social Welfare Inspectors Mrs. Ongmo Bhutia and Mrs. Phur Diki Sherpa, and Anganwadi Workers Mrs. Aden Lepcha and Mrs. Sangita Rai.

The training programme was conducted as per schedule and covered various topics including pre-training assessment, Early Childhood Care and Education (ECCE) through play-based pedagogy, Aadharshila, parental engagement and community mobilisation through home-based activities and community events, and ECCE materials available on the Poshan Tracker.

Sessions were also held on stimulation and developmental milestones in early childhood, planning and conducting effective home visits, and inclusion in Anganwadi Centres through screening, referral and follow-up by Anganwadi Workers. The latter was demonstrated through role-play exercises.

The first day of the training concluded with enthusiastic participation and active involvement of the Anganwadi Workers.